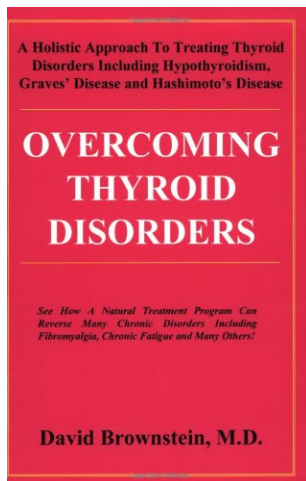


[PDF] Overcoming Thyroid Disorders

David Brownstein - pdf download free book



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Description:

About the Author Dr. David Brownstein is a Board-Certified Family Physician who utilizes the best of conventional and alternative therapies. He is the Medical Director for the Center for Holistic Medicine in West Bloomfield, Michigan. Dr. Brownstein is a member of the American College for the Advancement in Medicine and the American Academy of Family Physicians.

Dr. Brownstein is the author of two other books in addition to this book: "The Miracle of Natural Hormones" and "Overcoming Arthritis."

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Overcoming Thyroid Disorders provides information on safe and effective natural therapies to help the body heal itself. Dr. Brownstein provides over 30 actual case studies of his success in treating thyroid disorders. Overcoming Thyroid Disorders contains information on: Natural Thyroid Hormone. Bioidentical Natural Hormones. Diet. Vitamins and Minerals Important for Thyroid Function. Detoxification. And Much More! Thyroid diseases are major problem of modern society and are classified as diseases of civilization. Unhealthy lifestyle, stress and exposure to chemical are believed to increase the risk of developing thyroid disorders. Medication and surgery are commonly used to address thyroid diseases. Despite the advancement in medical technology, it was unfortunate that there had not yet to be any potential cure for hypothyroidism. THYROID DISORDERS. Thyroid dysfunctioning results in many unwanted changes in metabolism of proteins, carbohydrates, lipids. It also exerts adverse effect on reproductive, Gastro-intestinal, central nervous system, and cardiovascular system. Two types of thyroid disorders are: Hypothyroidism Hyperthyroidism. 21. Thyroid Drugs. Overcoming Thyroid Disorders (2nd Ed.) The Miracle of Natural Hormones (3rd Ed.) Drugs That Don't Work and Natural Therapies That Do Overcoming Arthritis Salt: Your Way to Health The Guide to Healthy Eating The Guide to a Gluten-Free Diet The Guide to a Dairy-Free Diet The Soy Deception. © 2011 American Nutrition Association. Overcoming Thyroid Disorders. David Brownstein, M.D. Center for Holistic Medicine 5821 W. Maple Rd. Ste.